

**MediSpa Treatment
Special Offer!
30% OFF**

*Pamper yourself or a loved one with a beauty treatment
at our state-of-the-art Carolina Cosmetic MediSpa.*

For a limited time, we are offering **30% Off**
with this postcard on these exciting beauty treatments:*

*Facials . . . Microdermabrasion . . . Botox . . . Restylane
PhotoFacial IPL (Intensive Pulsed Light)
Laser Hair Removal . . . Vitalize peels . . . Electrolysis.
Always a Dermatologist on site!*

*We carry a complete line of skin care products
selected by our dermatologists*

**Carolina Cosmetic
Medical Spa**

*A Division of Central Dermatology Center
Highway 54 at I-40
919-493-3194*

**Offer good only if appointment booked by 5/30/06*

**Good for one procedure only with postcard*

**Not valid with any other promotions, discounts, or coupons*

Carolina Cosmetic

A Division of Central Dermatology Center

(919) 493-3194

*2238 Nelson Highway Suite 300
Highway 54 at I 40
www.carolinacosmetic.com*



New Products At Carolina Cosmetic!



Minerelles Color Cosmetics

Is there a makeup that's good for my skin?

Yes. Minerelles™. For every skin type, every age, every occasion. Minerelles Color Cosmetics have been formulated with triple-patented Vital-Repair+®, the same skin-nourishing ingredients found in Enfuselle™ skin care. Minerals are naturally soothing to the skin, plus they reflect light, giving your skin the radiant appearance you're looking for. You'll find no talc or other fillers, so skin stays smooth and clear. Minerelles is sheer, silky, and soothing. For every skin type, every age, every occasion, Minerelles is "Better for your skin than wearing no makeup at all"™.

Flawless Skin is a Reality with Glo Minerals



We offer a complete line of clinical skincare make-up that helps to correct & protect skin while providing flawless coverage. Glo™minerals, used for the 2003 Oscars®, is an advanced skincare line that combines the science of antioxidant benefits with pharmaceutical-grade ingredients, natural high-pigment minerals, powerful UV protection and unsurpassed coverage to help the skin perform to its potential. **Glo™minerals unique formula contains Vitamins C, A, K, E and green tea extract which are vital nutrients for maintaining healthy skin.** The antioxidant blend also helps protect skin from harsh environmental elements that can cause free radical damage and advanced aging. In addition, it offers broad-spectrum UVA and UVB sun protection to help protect the skin from dangerous sun damage. Glo™minerals is safe for camouflage and sun protection following microdermabrasion, chemical peels, cosmetic surgery, laser resurfacing and waxing and its anti-inflammatory ingredients including green tea extract, zinc and Vitamin C, help improve the appearance and condition of acne and rosacea-prone skin. Glo™minerals is also noncomedogenic and perfume & dye free to make it safe for even the most sensitive skin types. Choose from an extensive array of colors and textures designed to spark creativity while helping you look & feel your absolute best.

Look Great Day or Night!

Our professional make-up applications can make you look your absolute best for any occasion. Whether you want to look great for a special date, party or holiday event or want to look perfect for your wedding, let our professionals help you discover and enhance the natural beauty inside of you.

Our Formula for Beauty

At Carolina Cosmetic, we know that quality, service and experience are just as important as price. That's why we strive to make sure every customer is completely satisfied with the results they receive. **Utilizing a unique combination of science & medicine**, we can develop a perfect mix of products & services to dramatically improve the appearance, tone and texture of your skin to make you look & feel younger than ever before. As you walk through the doors of any of our facilities, you'll be greeted by an atmosphere of elegance and comfort designed to put you at ease. You'll experience a sense of peace and well-being that is essential in helping you look and feel your absolute best. Our goal is to enhance the most beautiful part of you, rejuvenate your youthful appearance and help you discover the beauty you desire.

Identify your skin's condition both topically & subsurface

The CAROLINA COSMETIC system's multi-spectral imaging and analysis provide a clear, multi-dimensional portion of the individual aspects of your complexion which contribute to your overall appearance. From measures of features such as evenness and wrinkles to identify sun damage, CAROLINA COSMETIC provides the most comprehensive means available for identifying all aspects of your complexion's health.

Plan an individualized program based on your specific results

With CAROLINA COSMETIC's precise imaging of all area affecting your complexion, your skin care professional can present the optimal rejuvenation options for your unique combination of facial characteristics

Renew and maintain facial vitality for lasting complexion health

Based on your complexion profile, your facial rejuvenation program will also include optimized recommendations for ongoing skin care health, with CAROLINA COSMETIC imaging as an invaluable aid in monitoring your complexion's vitality and checking effectiveness of your skin care regimen over time. **Carolina Cosmetic is the only Medical Spa in Durham and Orange Counties to offer this comprehensive skin analysis system.**

The Answer to Dry Winter Skin Moisturizer!!!

Ever wonder why your skin becomes scaly, dry, raw or itchy in winter? The skin is made up of several layers of cells and thousands of oil glands. Oil keeps the skin from losing moisture and makes it soft. Washing the skin, however, strips the oil, which has a drying effect. When it's humid, the skin retains moisture better. But when humidity drops, as it often does during the winter months, your skin loses the ability to moisturize itself.

Low humidity, coupled with heavier clothing and longer, hotter showers and baths, can leave skin feeling dry, irritated and itchy. The best way to prevent and treat skin problems in the winter is to moisturize. New moisturizing creams that mimic the skin's natural lipids, or fats, are now being developed. The greasier the moisturizer, the better it replaces and locks in moisture.

When redness or itchiness occurs in addition to dryness, then an anti-inflammatory treatment, such as corticosteroid cream, may be helpful. Hydrocortisone creams works for the vast majority of people who have mild eczema as well. Windburn is a form of eczema that can be treated by using a hydrocortisone cream and/or a moisturizer for a few days. However, those with moderate to severe eczema need prescription strength steroid cream or ointments.

When bathing or showering, use lukewarm water rather than hot. Limit showers to ten minutes. Close the bathroom door to lock in the humidity. It takes about three minutes for the water to evaporate from the skin's outer layer. It is a good idea to try and put on your moisturizer within three minutes of getting out of the shower or bath.

In general, avoid soap with extra chemicals, including antibacterial, deodorant and perfumed soaps, all of which tend to be harsh to skin because they strip away natural oils. Soap-free cleansers are becoming a popular alternative. Carolina Cosmetic ,the cosmetic division of Central Dermalogica, offers pH balanced and soap-free cleansers made by Dermalogica that are sure to help in the battle of the dry winter dry skin war.

Rediscover the face you remember

At Carolina Cosmetic, we utilize state-of-the-art equipment combined with innovative techniques to provide you with the most comprehensive suite of services available. Our services have been designed to make you look & feel dramatically younger and more beautiful than ever before. Our doctors are constantly researching new products & services every day to ensure that our clients are receiving the **most advanced (and safest) treatments possible**. As a result, we're adding new products & services every day so if you do not see a service listed here that you are interested in give us a call & we'll be happy to give you the information you need.

Our services include:

MEDICAL COSMETIC SERVICES

Botox

Restylane

BLU-U Photodynamic Therapy

CosmoDerm & CosmoPlast

Laser Surgery

Tattoo Removal

Pigmented Lesions

Vascular Birthmarks

Facial Spider Veins

Leg-Spider Veins

Hair Removal

Aesthetic Services

FotoFacial IPL (Intensive Pulsed Light)

Vitalize Peels

Microdermabrasion

Electrolysis

CLINICAL SKIN CARE

Specialty Facials (60 Minutes)

Environmental Control Treatment

Skin Brightening Treatment

Men's Skin Care Treatment

Power Regeneration Treatment

Express (30 Minutes)

Complexion Analysis

SKIN CARE PRODUCTS

Dermalogica

SkinCeuticals

La Roche Posey

NeoStrata

Minerelles

Glo minerals

Kinerase

Prevage



Unsightly Hair?

*If you're tired of shaving daily
or spending money on bleaches & crèmes
that only cover up the problem,
our Hair Removal treatments may be the answer.*

*Our physicians utilize state-of-the-art technology
to permanently reduce unwanted hair on the chin,
underarms & legs, quickly & painlessly!*

Line & Fold Corrections

A wide variety of methods are available to correct these conditions.

They include:

Restylane®

Restylane® can smooth facial lines and make your lips fuller

Sculptra®

Corrects facial fat loss with injections

Restylane® is a filler injection that is **used to smooth moderate lines & wrinkles** or to make lips fuller. Restylane® is a biosynthetically produced dermal filler composed of non-animal Hyaluronic Acid which has been chemically modified. Hyaluronic Acid is a natural substance that exists in the human body & helps to provide volume and fullness to the face and lips. When injected, the Restylane “fills” the lines and wrinkles giving your skin a smooth appearance or making your lips appear full. The procedure is **easy** and recovery time is minimal. The effects of Restylane® injections can last six months.



Image Seminar

You are invited to an evening with

JULIE BERNIER

of Lasting Impressions (Professional Image Consultant)

and the staff of Carolina Cosmetic

Thursday evening, March 16th 6:30 p.m.

Learn the secrets of skin care, contouring,
selecting the best colors for skin tone and eye color.

Meet Julie and the Carolina Cosmetic Staff.

Hors d'oeuvres, refreshments & time with the Expert and staff.

Limited Seating, Call Today! RSVP by March 9.

Appointment necessary. Limited availability.

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